

2023 SCHEDULE OF EVENTS

TUESDAY, NOVEMBER 21

4:30-7:30 p.m. Meet-n-Greet Social Kona Brewing Company, Kailua Kona

WEDNESDAY, NOVEMBER 22

10 a.m. – 4 p.m. Souvenir Sales Outrigger Kona Resort and Spa, Keauhou Ballrooms, Keauhou, HI

10 a.m. – 12:30pm Registration Veterans by appt. Outrigger Kona Resort and Spa, Keauhou Ballrooms, Keauhou, HI

1:30 p.m. – 4 p.m. Registration 1st Time UMWC by appt. Outrigger Kona Resort and Spa, Keauhou Ballrooms, Keauhou, HI

THURSDAY, NOVEMBER 23

8 a.m. – 9:30 a.m. Thanksgiving Breakfast Outrigger Kona Resort and Spa, Keauhou Ballrooms, Keauhou, HI

9:30am – 11 a.m. Pre-event Briefing Outrigger Kona Resort and Spa, Keauhou Ballrooms, Keauhou, HI
(**MANDATORY** for each participant & team captain – recommended for all support team members)

FRIDAY, NOVEMBER 24

5:40 a.m. – 6:15 a.m. Stage I Swim Check-in Kailua Pier

6:15 a.m. – 6:20 a.m. Instructions Kailua Pier

6:20 a.m. – 6:30 a.m. Swim Escorts Launch Kailua Bay

6:30 a.m. SHARP START STAGE I Kailua Bay

6:37 a.m. Sunrise Island of Hawai'i

8:18 a.m. Low Tide Kailua Bay – Keauhou Bay

8 a.m. – 8:45 a.m. Transition Check-in (Mandatory for all Team Captains) Keauhou Bay

12 noon Swim Cutoff (5 -1/2 hours) Keauhou Bay

1:15 p.m. High Tide Kailua Bay – Keauhou Bay

2:00 p.m. First Finisher Expected Kilauea Military Camp

5:43 p.m. Sunset Kilauea Military Camp

6:30 p.m. STAGE I CUTOFF (12 hours) Kilauea Military Camp

2023 SCHEDULE OF EVENTS

SATURDAY, NOVEMBER 25

5:45a.m. – 6:15 a.m.	Stage II Check-in (Mandatory for all Team Captains)	Pi'i Mauna Dr., Volcanoes NP
6:15 a.m. – 6:20 a.m.	Instructions	Pi'i Mauna Dr., Volcanoes NP
6:20 a.m.	Support Teams Depart	Pi'i Mauna Dr., Volcanoes NP
6:30 a.m.	START STAGE II	Pi'i Mauna Dr., Volcanoes NP
6:38 a.m.	Sunrise	Island of Hawai'i
2:00 p.m.	First Finisher Expected	Kamehameha Park, Kapa'au
5:43 p.m.	Sunset	Island of Hawai'i
6:30 p.m.	STAGE II CUTOFF (12 hours)	Kamehameha Park, Kapa'au

SUNDAY, NOVEMBER 26

5:25a.m. – 5:40 a.m.	Stage III Check-in (Mandatory for all Team Captains)	South of Hawi
5:40 a.m. – 5:50 a.m.	Instructions (Athletes & Captains)	South of Hawi
6:00 a.m.	START STAGE III	South of Hawi
6:05 a.m.	Support Teams Depart	South of Hawi
6:38 a.m.	Sunrise	Island of Hawai'i
9:00 a.m.	First Runner Expected at Halfway Point	Waikoloa Beach Resort
12 noon	First Finisher Expected	Pavilion 1, Old Airport Park
5:43 p.m.	Sunset	Kona Coast, Island of Hawai'i
6:00 p.m.	STAGE III CUTOFF (12 hours)	Pavilion 1, Old Airport Park

MONDAY, NOVEMBER 27

4:00p.m. – 5:30 p.m.	Souvenir Sales/ Lost & Found	Makae'o Pavilion @ Old Airport Park, Kailua-Kona, HI
5:00 p.m. – 6:00 p.m.	Awards Dinner	Makae'o Pavilion @ Old Airport Park, Kailua-Kona, HI
6:00 p.m. – 9:00 p.m.	Awards Presentation	Makae'o Pavilion @ Old Airport Park, Kailua-Kona, HI
9:00 p.m.	Slide Show & Farewell	Makae'o Pavilion @ Old Airport Park, Kailua-Kona, HI

